

# Feature Space Reduction for Human Activity Recognition Based on Multi-Channel Biosignals

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**Abstract:** In this paper, we study the effect of Feature Space Reduction for the task of *Human Activity Recognition (HAR)*. For this purpose, we investigate a *Linear Discriminant Analysis (LDA)* trained with *Hidden Markov Models (HMMs)* force-aligned targets. *HAR* is a typical application of machine learning, which includes finding a lower-dimensional representation of sequential data to address the curse of dimensionality. This paper uses three datasets (CSL19, UniMiB, and CSL18), which contain data recordings from humans performing more than 16 everyday activities. Data were recorded with wearable sensors integrated into two devices, a knee bandage and a smartphone. First, early-fusion baselines are trained, utilizing an *HMM*-based approach with *Gaussian Mixture Models* to model the emission probabilities. Then, recognizers with feature space reduction based on stacking combined with an *LDA* are evaluated and compared against the baseline. Experimental results show that feature space reduction improves balanced accuracy by ten percentage points on the UniMiB and seven points on the CSL18 datasets while remaining the same on the CSL19 dataset. The best recognizers achieve  $93.7 \pm 1.4\%$  (CSL19),  $69.5 \pm 8.1\%$  (UniMiB), and  $70.6 \pm 6.0\%$  (CSL18) balanced accuracy in a leave-one-person-out cross-validation.

## 1 INTRODUCTION

The curse of dimensionality haunts all machine learning problems. Each feature dimension adds exponentially to the data required to train a machine learning algorithm effectively, and various techniques have been used and evaluated in a *Human Activity Recognition (HAR)* context to address this explosion in the required data. Feature selection using filter methods like minimum Redundancy Maximum Relevance (*mRMR*), analysis of variance (*ANOVA*), and wrapper methods like forward selection, have been studied. They are known to successfully increase recognition performance in many fields including *HAR* and *Automatic Speech Recognition (ASR)* tasks (Bulling et al., 2014) (Weiner and Schultz, 2018) (Capela et al., 2015) (Suto et al., 2016). Feature space transformation methods like *Linear Discriminant Analysis (LDA)*, *Principal Component Analysis (PCA)*, and *Autoencoders (AE)* have also been applied to *HAR* with success (Almaslukh et al., 2018) (Mezghani et al., 2013) (Li et al., 2018) (Hu and Zahorian, 2010).

However, most of these methods are designed for

single vector-based machine learning problems, not sequential data, often found in *HAR* tasks. Complex everyday activities, for example, are rarely determined properly by a snapshot of the human moving around while performing this activity. Sitting down and standing up look the same in a still image. Beside context, *HAR* tasks also require modeling and transformation techniques adequate for sequences of different lengths. Feature selection is possible with a sequential classifier in a wrapper method like forward selection, and transformation can be done using *AE*. Alternatively, transformation is also possible by re-labeling the sequential data to a vector-based problem using *Hidden Markov Model (HMM)* force alignments and assigning each vector of the sequence to a distinct state. These alignment-based reductions have been applied in *ASR* tasks (Haeb-Umbach and Ney, 1992) (Siohan, 1995).

Our previous work adapted this alignment-based technique for an *HAR* task and showed improvements in recognition accuracy (Hartmann et al., 2020). This work evaluates the reduction technique on two larger datasets, details improvements, and compares the achieved performances with the state of the art.

## 2 DATASETS

In this paper, three datasets, CSL18, CSL19, and UniMiB, are used. They provide segmented and annotated sequential human activity data recorded with wearable sensors or smartphones. The following section provides a brief overview of the three datasets.

### 2.1 CSL18 and CSL19

The CSL18-18A-21S-4P (CSL18) in-house four-person dataset recorded 20 biosignals and distinguishes 18 different activities. It contains 40mins of semi-automatic annotated data recorded from sensors attached to a knee bandage and was recorded at the *Cognitive Systems Lab (CSL)* in a controlled laboratory environment.

The CSL19-22A-17S-20P (CSL19) in-house dataset is a follow up to the CSL18 dataset. The 22-activity dataset contains six hours of segmented and annotated data from 20 participants. In contrast to CSL18, the two microphones and one goniometer channel are dropped as they do not contain useful information. The activities (listed in Table 1) are comprised of everyday and sports activities chosen for their relevance to gonarthrosis and personal monitoring of knee straining behavior. The sensors are placed on a knee bandage, as gonarthrosis patients wear them for support and pain relief.

The sensors include four electromyographic sensors (*EMG*) to capture muscle activity, as well as a goniometer and two 3D-inertial measurement units (*IMU*) consisting of a triaxial accelerometer and gyroscope to capture motion. 17 biosignals with *EMG* sensors sampled at 1000Hz and *IMUs* and goniometer sampled at 100Hz are captured.

We chose the *biosignalsplux* Research Kit<sup>1</sup> as a recording device. One *PLUX* hub can process signals from 8 channels (each up to 16 bits) simultaneously. Therefore, three synchronized hubs are used during the entire session. For more detail on the setup and segmentation, please refer to (Liu and Schultz, 2018) and (Liu and Schultz, 2019).

### 2.2 UniMiB-SHAR

The 17-activity UniMiB-SHAR (UniMiB) dataset has been recorded at the University Milano Bicocca and published as a benchmark dataset (Micucci et al., 2017). The dataset focuses on everyday activities as well as different types of falls listed in Table 2. It contains nine different *Activities of Daily Living (ADLs)* and eight different falls from 30 subjects. A triaxial

Table 1: Overview of recorded activities in CSL19 dataset. Durations given in seconds.

Target	Min.	Occ.	Total
Walk	3.138	400	1702.076
Walk upstairs	3.788	365	1736.030
Walk downstairs	3.068	364	1568.212
Walk 90°-curve left	2.898	398	1725.124
Walk 90°-curve right	3.228	393	1749.744
Spin left left-first	0.958	380	633.080
Spin left right-first	0.968	420	767.409
Spin right left-first	0.799	401	745.087
Spin right right-first	1.168	400	685.610
V-Cut left left-first	0.808	399	722.482
V-Cut left right-first	1.018	378	709.474
V-Cut right left-first	0.839	400	718.664
V-Cut right right-first	1.208	378	695.446
Shuffle left	1.738	380	1097.810
Shuffle right	2.088	374	1089.572
Run	2.318	400	1260.279
Jump one leg	0.829	379	639.363
Jump two legs	0.868	380	739.360
Sit	0.818	389	646.282
Stand	0.808	405	663.870
Sit down	1.128	389	746.222
Stand up	1.048	389	705.052

Table 2: Overview of recorded activities in UniMiB dataset. Durations given in seconds.

Target	Dur.	Occ.	Total
FallingBack	3.0	526	1578.0
FallingBackSC	3.0	434	1302.0
FallingForw	3.0	529	1587.0
FallingLeft	3.0	534	1602.0
FallingRight	3.0	511	1533.0
FallingWithPS	3.0	484	1452.0
GoingDownS	3.0	1324	3972.0
GoingUpS	3.0	921	2763.0
HittingObstacle	3.0	661	1983.0
Jumping	3.0	746	2238.0
LyingDownFS	3.0	296	888.0
Running	3.0	1985	5955.0
SittingDown	3.0	200	600.0
StandingUpFL	3.0	216	648.0
StandingUpFS	3.0	153	459.0
Syncope	3.0	513	1539.0
Walking	3.0	1738	5214.0

smartphone accelerometer sampled at 50Hz was used for recording, and the gravitational constant was removed post-recording. The smartphone was placed in equal parts in the left and right subjects' pocket during recording. The data is automatically segmented into three-second windows around a magnitude peak.

<sup>1</sup>[biosignalsplux.com/products/kits/researcher.html](https://biosignalsplux.com/products/kits/researcher.html)

### 3 APPROACH

The effects of feature space reduction applied to a *HAR* task are evaluated in the next sections using a person dependent shuffled and stratified 5-fold cross-validation and a person independent leave-one-person-out cross-validation. Each fold is evaluated using a balanced accuracy (shown in Equation 1) as the datasets are slightly imbalanced. The different parameters are then compared using the average and standard deviation over the folds. The baseline will be optimized using a parameterwise grid search along the recognizer stages using the best parameters according to the independent evaluation for both the next independent and dependent evaluations. Following best practices, it starts with windowing and ends with *HMM* parameters. The optimized baseline is then compared against the best performing recognizer with feature space reduction.

Let  $E$  donate the set of all activities  $a$ , then the balanced or macro average accuracy is defined as described in Equation 1.

$$\text{Balanced accuracy} = \frac{1}{|E|} \sum_a \text{Accuracy}_a \quad (1)$$

The recognizer is set up similar to our previous work, and the different stages are displayed in Figure 1. Each data segment is windowed, and features are calculated on each window. The normalization then removes the mean and scales the whole segment to a standard deviation of one. An *HMM* with *GMMs* modeling the emission probabilities performs the final classification. The *HMM* is trained with the Expectation Maximisation algorithm, and the *GMMs* use a merge and split algorithm. For the reduction, the three blue steps *HMM*, Stacking, and *LDA* are enabled. For the UniMiB, a simple mirror is implemented (displayed in green) to offset the smartphones’ different rotation between pockets. If the mean of the signal is below zero, the signal is flipped.

The blue *HMM* step denotes the force alignment from the segmented sequential data to the topologies’ states. The alignment assigns each vector in the sequence the most likely *HMM* emission state. Force alignments create a supervised vector-based problem where each vector is assigned the activity and state pair as a new target. Stacking refers to the process of prepending the  $n$  previous feature vectors and appending the following  $n$  vectors to all vectors in a sequence, thereby increasing the time context and the vector dimension by  $2n + 1$  the original dimension. The *LDA* is then trained on the aligned and stacked vectors and transforms the feature space along the

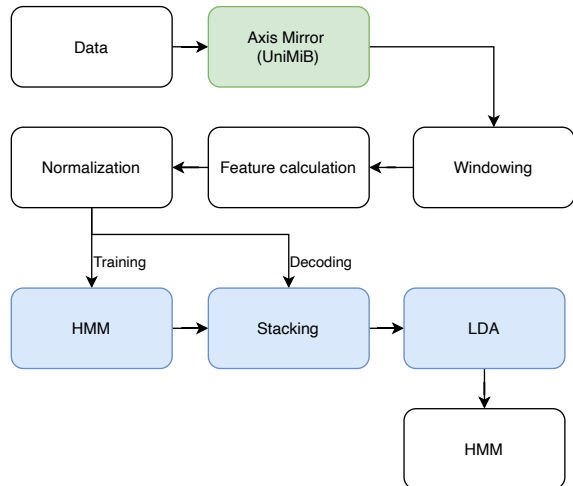


Figure 1: Recognition pipeline. Green: unique steps for UniMiB; Blue: feature space reduction steps.

most discriminatory linear plane. During training, the *HMM* aligns the given segments and assigns each feature vector in the sequence its aligned activity and state as a new target. During recognition, the activity of each segment is unknown. Therefore, the *HMM* step is skipped, and the feature vectors are stacked and transformed directly.

The recognizer was developed with SciPy (Virtanen et al., 2020), NumPy (Harris et al., 2020), scikit-learn (Pedregosa et al., 2011), Matplotlib (Hunter, 2007), TSFEL (Barandas et al., 2020), and our in-house decoder BioKIT (Telaar et al., 2014).

### 4 EVALUATION CSL19

First, a baseline for the CSL19 dataset is evaluated. The *HMM* topology uses five states for each gait cycle in an activity. Running, for example, contains three full cycles and therefore uses fifteen states. Sit, stand, and the transitions between them are modeled using a single state. For the initial hyperparameters, a Hamming window with 20ms overlap, enabled normalization, and ten *HMM* train-iterations are chosen based on previous work (Hartmann et al., 2020). The window size is determined in the first experiment and does not require an initial value. After optimization, the best parameters are 100ms Hamming windows with 50ms overlap, 10 *HMM* train-iterations, and normalization enabled. The baseline achieves a  $93.7 \pm 1.4\%$  balanced accuracy in a person independent leave-one-person-out cross-validation and  $97.8 \pm 0.2\%$  balanced accuracy in a stratified person dependent 5-fold cross-validation.

The next step is to evaluate the best reduction pa-

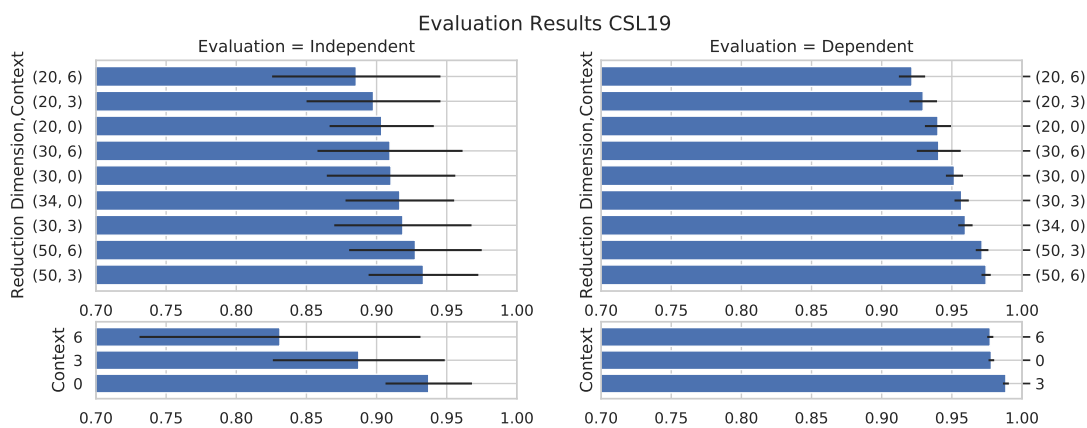


Figure 2: Evaluation results for stacking and reduction on the CSL19 dataset. Left column: person independent evaluation, right: person dependent evaluation. Upper row: the combination of stacking and reduction (dimension target, stacking context), lower row: stacking alone. Without stacking, there is no reduction to 50 dimensions but a transformation of the original 34 dimensions.

rameters. The results of the experiment are displayed in Figure 2. Note that the evaluation without reduction and a stacking context of zero corresponds to the baseline recognizer. Figure 2 shows that stacking itself does not improve performance, except in the dependent evaluation with a context of three. Reducing to any dimension offsets this, but not above the baseline. Notably, the recognition accuracy increases with higher target dimensions independent of the stacking context. Reducing to 50 dimensions performs better than 30 and 20, independent of the specified stacking context.

The best performance in an independent evaluation is achieved using a stacking context of three and reducing to a 50-dimensional feature space at  $93.3 \pm 3.9\%$  accuracy. Notably, this is not higher than the  $93.7 \pm 1.4\%$  achieved without reduction. A similar observation can be made in the person dependent evaluation:  $97.8 \pm 0.2\%$  without and  $97.4 \pm 0.3\%$  with the reduction. Figure 3 shows, that while the reduction based recognizer can better distinguish walk and  $90^\circ$  curves, standing is confused for sitting more often, resulting in the same overall performance.

Additionally, it should be noted that the *LDA* is trained with 238-dimensional feature vectors (17 channels times two features times seven vectors due to context) on 370k samples. It distinguishes between 94 classes (five phases for most of the 22 activities). The *LDA* of the best performing recognizer achieves a 27% accuracy between these classes in a 10-fold person dependent evaluation.

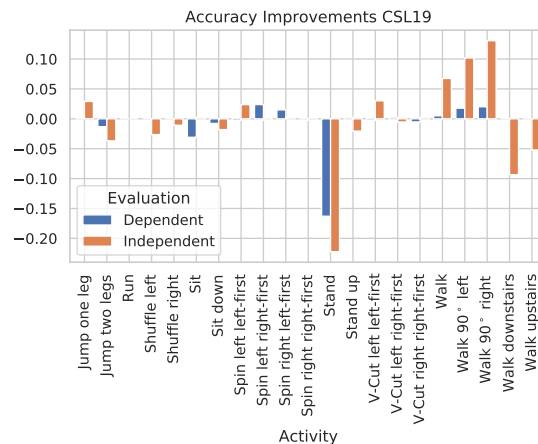


Figure 3: Relative recognition accuracy improvements in percentage points between baseline and reduction based recognizer on the CSL19 dataset.

## 5 EVALUATION UNIMIB-SHAR

The activities are segmented with a fixed-length peak centered window rather than at the activity’s start and end. Therefore, the *HMM* topology is modeled with a random state at the beginning and end of each activity. The activities containing gait cycles are modeled similarly to the CSL19 activities using five states for each cycle. The falls are modeled with ten states, as this performed best in a person independent cross-validation.

The UniMiB-SHAR dataset contains fewer samples per segmented activity due to the lower sampling rate. Therefore, a single grid search is feasible and executed. The best parameters are 400ms

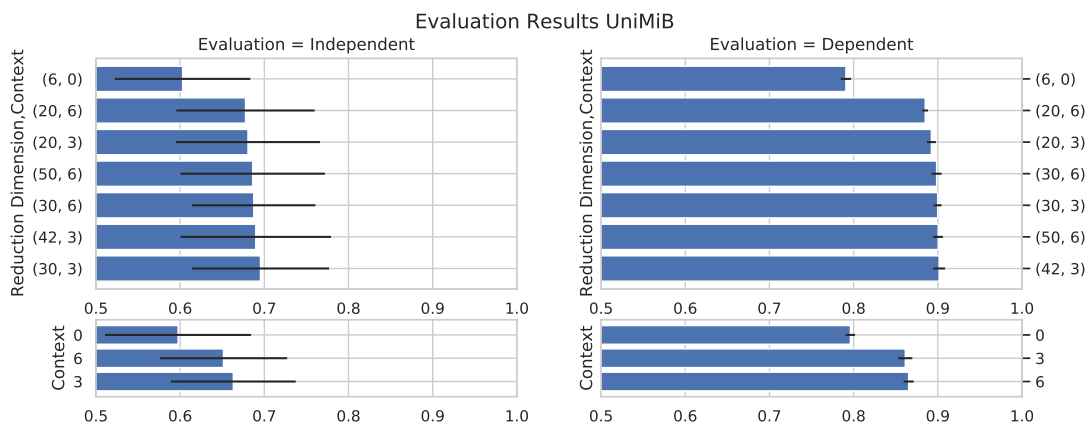


Figure 4: Evaluation results for stacking and reduction on the UniMiB dataset. Left column: person independent evaluation, right: person dependent evaluation. Upper row: the combination of stacking and reduction (dimension target, stacking context), lower row: stacking alone. Without stacking, there is no reduction to 20, 40, or 50 dimensions but a transformation of the original six dimensions.

Hamming windows with 320ms window overlap, 30 *HMM* train-iterations, and normalization enabled. The baseline achieves a  $59.7 \pm 8.6\%$  balanced accuracy in a person independent leave-one-person-out cross-validation.

The feature space reduction is evaluated on a grid ranging from zero to six frames stacking context and a target dimension from twenty to fifty. The results are displayed in Figure 4. Notably, stacking alone already increases performance, and the reduction extends this. Similar to the CSL19 dataset, the target dimension influences performance more than the stacking context. The best performing parameter combination with a target dimension of 30 and a context of three performs at  $69.5 \pm 8.1\%$  balanced accuracy in a leave-one-person-out cross-validation. Compared to the  $59.7 \pm 8.6\%$  accuracy in the baseline, this is an improvement by ten percentage points. This difference is also apparent in the performance improvements for each activity, as depicted in Figure 5.

For easier comparison with previous work, the accuracy for the best performing recognizer with feature space reduction was calculated in addition to the balanced accuracy. The accuracy in the independent evaluation is 77.0%, and the difference to the balanced accuracy mainly arises from the *ADLs* occurring more often and being recognized much better than the falls.

Similar to the CSL19 dataset, the *LDA* performs poorly when classifying the different vectors. The *LDA* is trained with 42-dimensional feature vectors (three channels, two features, seven vectors due to context) on 360k samples. It distinguishes between 148 classes (ten phases for most of the 17 activities)

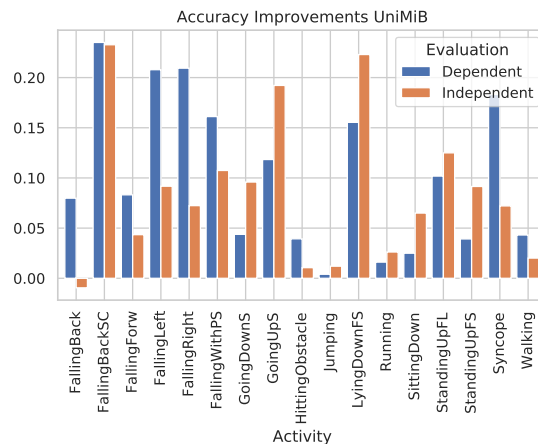


Figure 5: Relative recognition accuracy improvements in percentage points between baseline and reduction based recognizer on the UniMiB dataset.

and achieves a 29% accuracy between these classes in a 10-fold person dependent evaluation.

## 6 EVALUATION CSL18

The CSL18 dataset has been evaluated with and without reduction previously, and a performance increase with reduction could be shown (Hartmann et al., 2020). The experiment is repeated with a balanced accuracy metric to keep the results comparable with the other two datasets. Furthermore, the CSL19 recognizer’s topology is applied to the CSL18 dataset instead of the fixed six-state topology used previously, and the parameters are optimized with a person inde-

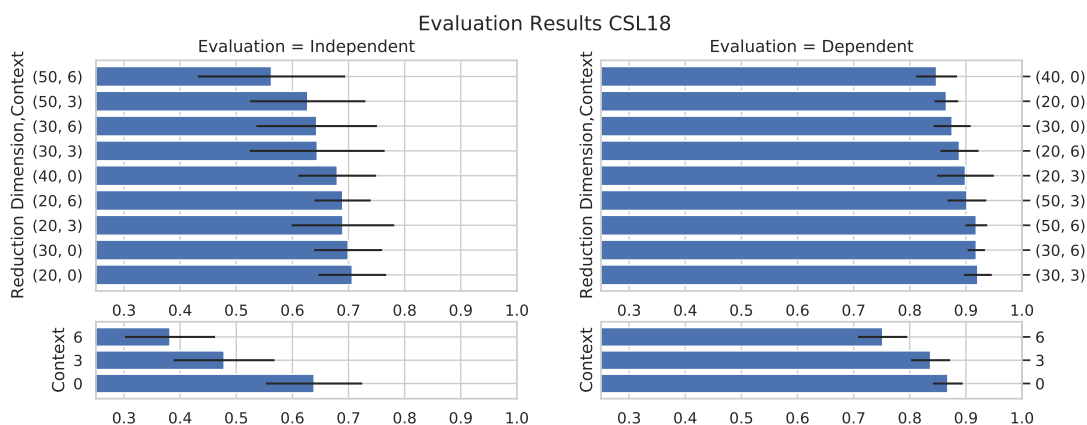


Figure 6: Evaluation results for stacking and reduction on the CSL18 dataset. Left column: person independent evaluation, right: person dependent evaluation. Upper row: the combination of stacking and reduction (dimension target, stacking context), lower row: stacking alone. Without stacking, there is no reduction to 50 dimensions but a transformation of the original 40 dimensions.

pendent evaluation rather than a dependent one. The optimized baseline achieves  $63.8 \pm 8.5\%$  balanced accuracy in an independent evaluation using the CSL19 topology, 30ms windows with 6ms overlap, and normalization enabled.

Figure 6 shows the results from the stacking and reduction experiments. In the person independent evaluation, the best performances are achieved without stacking at  $70.6 \pm 6\%$  balanced accuracy when reducing to a 20-dimensional feature space. A closer look at the performance increases per activity shown in Figure 7 reveals similar results to the CSL19 dataset with the walking derivatives being recognized better, while the static activities stand and sit are confused more often.

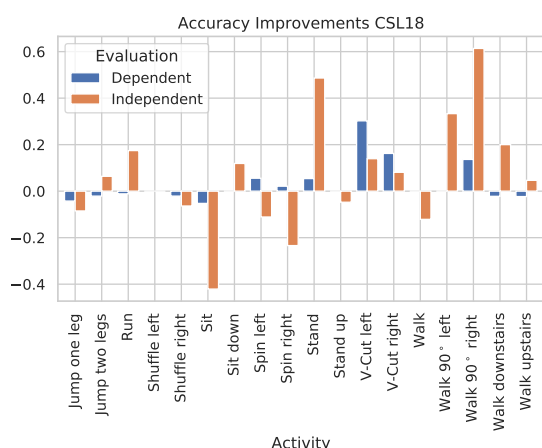


Figure 7: Relative recognition accuracy improvements in percentage points between baseline and reduction based recognizer on the CSL18 dataset.

## 7 DISCUSSION

There are several differences between the three recognizer and datasets, like the number of participants (CSL18: 4, CSL19: 20, UniMiB: 30), the types of activities (*ADL*, sport, falls), the *HMM* topology (gait-phase based, fixed number of states), or the evaluated window length (30, 100, and 400ms). Across all three, the feature space reduction with an *LDA* did improve recognition accuracy for several activities. The most notable exception being the two only static activities sit and stand. The resulting overall performance is either similar or significantly higher compared to the baseline. Table 3 shows a summary of the evaluation results.

The best performance on the CSL19 dataset with  $93.7 \pm 1.4\%$  independent balanced accuracy fits in with the high ninety percent accuracies reported in other works even though distinguishing more classes (Rebelo et al., 2013) (Demrozi et al., 2020) (Lara et al., 2012). The 92.8% person dependent accuracy on the CSL18 dataset is slightly lower than the 94.9% previously reported, as the parameters were optimized with an independent evaluation instead of the purely person dependent optimization done previously. The results on the UniMiB dataset are directly comparable to current research and better or on par. The person independent balanced accuracy of  $69.5 \pm 8.1\%$  is significantly higher than the 56.53% balanced accuracy (Micucci et al., 2017), and the 77.0% independent accuracy is on par with the 77.03% accuracy (Li et al., 2018) previously reported.

The *LDA* does not perform as well as the *HMM*. One reason might be the higher number of classes and

Table 3: Baseline and reduction results for both independent and dependent evaluation on each dataset.

Dataset	Person independent			Person dependent		
	Baseline	Reduction		Baseline	Reduction	
	Balanced acc.	Balanced acc.	Accuracy	Balanced acc.	Balanced acc.	Accuracy
CSL18	$63.8 \pm 8.5\%$	$70.6 \pm 6.0\%$	73.2%	$86.7 \pm 2.6\%$	$92.1 \pm 2.4\%$	92.8%
CSL19	$93.7 \pm 1.4\%$	$93.3 \pm 3.9\%$	93.6%	$97.8 \pm 0.2\%$	$97.4 \pm 0.3\%$	97.4%
UniMiB	$59.7 \pm 8.6\%$	$69.5 \pm 8.1\%$	77.0%	$79.6 \pm 0.5\%$	$90.1 \pm 0.7\%$	93.6%

higher feature dimensionality compared to the *HMM*. However, being trained with more than 350k samples on both the CSL19 and UniMiB datasets, this seems unlikely. Instead, this difference is probably caused by the *HMM* modeling sequences and the *LDA* single vectors, as discussed in section 1. Additionally, the *LDA* is given samples that are very similar but differently labeled. Spin left with the left foot first is shifted half a gait cycle from spin left starting with the right foot. Nevertheless, the samples are assigned different targets.

Despite these poor *LDA* discrimination performances, its transformation does contribute to better overall recognition performance, most notably in the UniMiB and CSL18 datasets. The reduction was beneficial to the recognition of most activities, with the notable exception of the two only static activities sit and stand in the CSL18 and CSL19 dataset, which are likely impacted by the normalization. The *LDA*'s contribution should be investigated further in future work, especially which activities can or cannot be improved. Furthermore, the *LDA* should be compared to a non-discriminatory reduction method like a *PCA*. Non-discriminatory methods do not need to separate targets and potentially handle overlapping classes better.

These experiments show that the feature space reduction using an *LDA* trained with *HMM* force aligned targets can significantly improve the recognition accuracy of activities as well as overall accuracy.

## 8 CONCLUSION AND FUTURE WORK

The curse of dimensionality in *HAR* can be addressed in several ways. For instance, through feature selection or feature space transformations into lower-dimensional spaces. The latter was evaluated on the three *HAR* datasets CSL18, CSL19, and UniMiB using force aligned labels and an *LDA* combined with stacking. Initially, baselines were developed for each dataset. In a person independent leave-one-person-out cross-validation, the baselines achieved  $93.7 \pm 1.4\%$  on the CSL19 and  $59.7 \pm 8.6\%$  on the

UniMiB, and  $63.8 \pm 8.5\%$  balanced accuracy on the CSL18 dataset. Then the best context for stacking and best feature dimension target were evaluated. The reduction did not improve performance on the CSL19 dataset. However, reduction increased performance by ten percentage points to  $69.5 \pm 8.1\%$  on the UniMiB dataset and by seven points to  $70.6 \pm 6\%$  on the CSL18 dataset.

In future work, a closer investigation of the classes as aligned by the *HMM* will be made and the benefits and downsides of the *LDA*-based reduction for different activities closer investigated as well as compared to a *PCA*-based reduction. Furthermore, experiments with different feature selection methods will be conducted, and their respective performance compared to the *LDA* based reduction.

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